

BIG BLOOMERS FLOWER FARM

919-776-6597

SANFORD, N.C. 27330

JOHN AND GAIL FOUSHEE

BUTTERFLY PLANTS

PLANTS THAT ATTRACT BUTTERFLIES AS A HOST PLANT, OR AS A NECTAR SOURCE

COMMON NAME BOTANICAL NAME

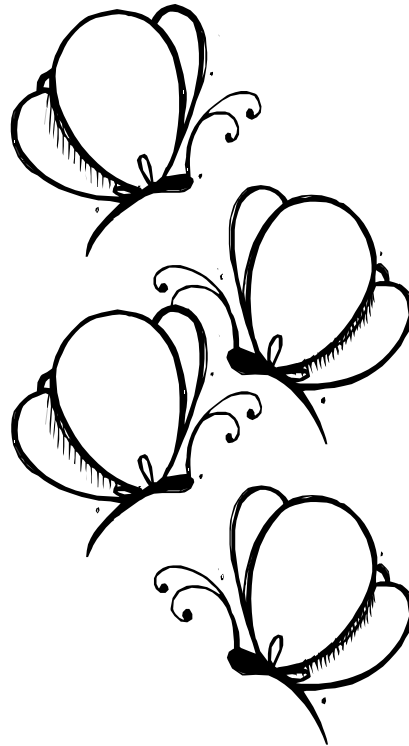
Allium	Allium
American Elderberry	Sambucus
Aster	Aster
Astilbe	Astilbe
Baptisia, Blue	Baptisia
Bear's Breech	Acanthus
Bearded Tongue	Penstemon
Bee Balm H	Monarda
Blanketflower	Gaillardia
Black/Brown-eyed Susan	Rudbeckia
Bluebeard	Caryopteris
Boltonia	Boltonia
Borage	Borago
Bugbane	Cimicifuga
Butterfly Bush	Buddleia
Butterfly Weed	Asclepias
Calendula H	Calendula
Candy Tuft	Iberis
Carnation	Dianthus
Catnip/ Catmint H	Nepeta
Chaste Tree	Vitex
Columbine	Aquilegia
Coneflower	Echinacea
Coral Bells	Heuchera
Dame's Rocket	Hesperis
Day Lily	Hemerocallis
Dill H	Dill
Eryngium	Eryngium
Evening Primrose	Oenothera
Fennel	Foeniculum
French Tarragon H	Artemisia
Globe Thistle	Echinops
Golden Rod	Solidago
Heliotrope, fragrant	Heliotropum
Hollyhock	Alcea

COMMON NAME BOTANICAL NAME

Honeysuckle	Lonicera
Hops	Hops
Hummingbird Mint	Agastache
Hyssop	Hyssop
Jerusalem Sage	Phlomis
Joe Pye Weed	Eupatorium
Johnny Jump-Up	Viola
Jupiter's Beard	Centranthus
Lavender	Lavendula
Leadwort, Plumbago	Cerostignoides
Lemon Balm	Melissa
Lobelia	Lobelia

COMMON NAME BOTANICAL NAME

Lychnis	Lychnis
Mallow	Malva
Marigold	Tagetes
Marjoram	Origanum
Mint	Mentha
Nasturtium	Tropaeolum
Obedient Plant	Physostegia
Oregano H	Origanum
Parsley	Petroselinum
Persian Coneflower	Centaurea
Phlox	Phlox
Pin Cushion Flower	Scabiosa
Rue H	Ruta
Russian Sage	Perovskia
Sage	Salvia
Sage, Indigo Spires	Salvia
Sea Thrift	Armeria
Sedum	Sedum
Self Heal	Prunella
Shasta Daisy	Leucanthemum
Sneezeweed	Helenium
Soapwort	Saponaria
Sorrel	Rumex
St. John's Wort	Hypericum
Stoke's Aster	Stokesia
Sun Flower	Helianthus
Sweet William	Dianthus
Tansy	Tanacetum
Tickseed	Coreopsis
Tree Mallow	Lavatera
Turtlehead	Chelone
Verbena	Verbena
Veronica	Veronica
Whirling Butterflies	Gaura
Willow	Salix
Yarrow	Achillea



PLANTS PROVIDING FOOD, SHELTER OR NESTING SITES FOR BUTTERFLIES

The Successful butterfly garden provides both nectar and host plants, a water source (a large shallow plate or a few rocks placed in your birdbath), and places for hiding and resting. Take care when tidying the garden so as not to disturb butterflies, chrysalides, caterpillars, or eggs...maybe even leave a small area unkempt, just for the butterflies.

H—Denotes plants located in the Herb Greenhouse 9a-10d.